



Slimming on Referral

Did you know

You can be referred to your local Slimming World Group as part of your treatment to help you lose weight

Working in partnership with Slimming World your GP surgery will pay for you to attend a local group each week for an initial period of 12 weeks in 2 instalments

In order to be referred you must meet certain criteria:-

- Have a Body Mass Index of 35+
or
- Have a Body Mass Index of 30+ and suffer from a chronic illness such as diabetes, heart disease etc
and
- Have a waist measurement of more than 35"/88cm female, more than 40"/102cm male
 - Be aged 18 years or more
 - NOT be pregnant
- Not currently attend a slimming group or have done in the last 3 months
 - Be ready to lose weight

Please speak to our Practice Nurses for more information